

The

Navigator

Apr-May-Jun 2026

Professional Development
Training Catalog

Unlock Year-Round Savings!

An annual individual or program membership delivers discounted training throughout the year.



Join today
and start
saving \$\$!

CONTACT US

Call: (315) 446-1220
Toll Free: (888) 729-7290
ccs@childcaresolutionscny.org

Syracuse Office

1101 Erie Blvd East
Syracuse, NY 13210
Mon-Fri 8:30am - 4:30pm

Auburn Office

100 North St., Suite 3
Auburn, NY 13021
Tues-Fri 8:30am-4:00pm

Now Accepting Applications

Attention Cayuga County Providers

Introducing the Child Care Quality Improvement Initiative!

Child Care Solutions, in partnership with Cayuga County United Way, is thrilled to launch a targeted initiative designed to support and elevate early childhood education environments.

You can receive funding ranging from **\$500 to \$1,250** to enhance your child care program with:

Social-Emotional Learning Tools

- SEL-focused books & curricula
- Screening & developmental tools
- Supplies to support emotional wellness & learning
- Professional development

Health & Safety Equipment

- Baby gates, outlet covers, first-aid kits
- Free First Aid/CPR & MAT (Medication Administration Training)
- Additional safety training as needed

Classroom & Technology Enhancements

- Child-sized furniture (tables, chairs, bookshelves)
- Tablets for developmental tracking & communication
- Tools to support school readiness & best practices

ProviderHelp@childcaresolutionscny.org | (315) 446-1220



Who can apply:

- Licensed providers
- Registered providers
- Legally exempt providers

What is required:

Participate in at least one professional development opportunity and/or up to 3 hours of technical support with Child Care Solutions to enhance your program.



www.ccsny.org

Health & Safety

Health & Safety Training: Competencies for Becoming a Family or Group Family Day Care Provider

- Apr. 27, 29 | 9am- 4pm | Syracuse Office & May 1 | 9am-2pm | Syracuse Office

This is a competency-based 15-hour training that provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion of this course is required for all new family or group family day care applicants in NYS prior to licensure or registration, as well as for existing family or group family day care providers who change location or modality. This course is required for all new FDC and GFDC providers by NYS OCFS.

Instructor: Kris Kline

Topic Areas: 2,4,5,6,7,8,9,10 | Class Fee \$250

Health and Safety: Competencies in Child Care for Day Care Center and School-Age Child Care Program Staff

- May 12, 14, 19, 20, & 21 | 10am -2pm | Syracuse Office

This competency-based 15-hour training provides a foundation for practices that promote and protect the health and safety of children in Day Care Center and School-Age Child Care Program staff. This course is approved by NYS OCFS and meets the federal minimum health and safety training requirements.

Instructor: Kris Kline

Topic Areas: 2,4,5,6,7,8,9,10 | Class Fee: \$250.00

Health and Safety: Competencies in Becoming a Family or Group Family Child Care Provider

- Jun. 22, 24 | 9am- 4pm | Syracuse Office & Jun. 26 | 9am- 2pm | Syracuse Office*

This competency-based course provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion of this course is required for all new or group family day care providers in NY, prior to licensure or registration.

Instructor: Kris Kline

Topic Areas: 2,4,5,6,7,8,9,10 | Class Fee \$250

**Note: Must attend all class dates to earn certificate 15 Credit Hours | Class includes a 30 min. lunch break*

MAT (Medication Administration Training)

The MAT course is an 8 credit hour, skill-based training designed to help child care professionals safely administer medication in their program. The class covers medication effects, preparation and administration techniques, permission requirements, emergency care, handling, storage, and safe disposal. This course, offered via the Independent Study option, requires participants to complete approximately 3–4 hours of self-paced online video training and exercises before attending a required classroom session. A working email address is required for registration.

Instructor: Roselis Canete Hernandez

- Thu. Apr. 16 | 9am-2pm | Syracuse Office
- Tue. May 12 | 9:30am-2:30pm | Auburn Office
- Sat. Jun. 20 | 9am-2pm | Syracuse Office

Topic Areas: 2,4,7 | Fee \$150 | 8 Credit Hrs

CPR/First Aid

This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, injuries, heat/cold emergencies, and how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Participants who successfully complete this course will receive a certificate for the American Red Cross Adult and Pediatric First Aid/CPR (valid for two years).

Fee: Member \$115 | Non-Member \$125

7 Credit Hours | Topic Areas: 2,4

Adult & Pediatric CPR/First Aid

- Sat. Apr. 18 | 8:30am-3:30 pm | Syracuse Office
- Sat. May. 9 | 8:30am-3:30pm | Syracuse Office
- Sat. Jun. 13 | 8:30am-3:30pm | Syracuse Office

Instructor: Lisa Jillson

Key OCFS Topic Areas

- 1 Principles of Childhood Development
- 2 Nutrition & Health Needs of Infants & Children
- 3 Child Day Care Program Development
- 4 Safety & Security Procedures
- 5 Business Record Maintenance & Management
- 6 Child Abuse & Maltreatment Identification & Prevention
- 7 Statutes & Regulations Pertaining to Child Day Care
- 8 Statutes & Regulations Child Abuse & Maltreatment
- 9 Education & Information on Shaken Baby Syndrome
- 10 Adverse Childhood Experiences, Focused on Understanding Trauma

OCFS Requirements

All child care personnel (staff, employees, caregivers, and volunteers with regular and substantial contact with children) are required to complete 30 hours of training every two years, covering the 10 Key Topic Areas.

April Trainings

Emergency Medication Administration Overview

• **Tue. Apr. 7 | 6-8:30pm | Syracuse Office**

This OCFS-approved EMAO training teaches early childhood care professionals how to safely identify, give, and track emergency medications. You will learn how to follow New York State regulations and your program's specific health care plan.

Instructor: Roselis Canete Hernandez

Topic Areas: 2,4,7 | Class Fee \$50

Child Abuse & Maltreatment including Shaken Baby Syndrome

• **Tue. Apr. 7 | 6:30-8:30pm | Syracuse Office**

Early childhood care professionals have a vital role in keeping children safe. This training helps you recognize the signs of child abuse and neglect. You will learn your legal duties as a mandated reporter and the exact steps to take when making a report to protect the children in your care.

Instructor: Kris Kline

Topic Areas: 6,8,9 | Class Fee \$30, \$20 for CCS Members

Making Flannel Boards and Big Books

• **Thu. Apr. 16 | 6:30 PM- 8:30 PM | Syracuse Office**

This hands-on training gives early childhood care professionals exciting new ways to enhance literacy programs. You will learn how to create flannel boards and homemade big books while discovering how to use rhyming and picture clues to introduce new words and concepts to children.

Instructor: Kris Kline

Topic Areas: 1,3 | Class Fee \$30, \$20 for CCS Members

Care-Connections-Building Bridges in Child Care

• **Wed. Apr. 29 | 6:30-8:30pm | Syracuse Office**

Participant-driven networking training designed for New York State child care providers and aligned with the regulations. To strengthen professional relationships among child care providers while discussing essential program components such as health care plans, parent handbooks, curriculum, and marketing practices

Instructor: Kristy Stelter

Topic Areas: 1,3,5,7 | Class Fee \$30, \$20 for CCS Members

May Trainings

What Can We Do About Adverse Childhood Experiences?

• Tue. May 5 | 6:30 - 8:30pm | Syracuse Office

This training will give childcare providers a better understanding of Adverse Childhood Experiences (ACEs) and strategies that can be used in our programs to reduce the impact of ACEs.

Instructor: Kris Kline

Topic Areas: 3,10 | Class Fee \$30, \$20 for CCS Members

Immunization Requirements in Child Care: Protecting Children & Meeting OCFS Regulations

• Thu. May 7 | 6:30-8:30pm | Syracuse Office

This training provides child care providers with an overview of NYS immunization requirements as enforced by the Office of Children and Family Services (OCFS). Participants will learn how to verify immunization records, understand provisional enrollment and grace periods, identify required documentation, and maintain compliance to protect children's health and prevent the spread of vaccine-preventable diseases in child care settings.

Instructor: Roselis Canete Hernandez

Topic Areas: 4,5,7 | Class Fee \$30, \$20 for CCS Members

Addressing Child Abuse and Maltreatment in the Early Childhood Setting

• Tue. May 12 | 6:30-8:30pm | Syracuse Office

This training will use scenarios to allow participants to reflect on what indicators of abuse and or neglect are present, what information needs to be gathered, the requirements for making a report and the role of the mandated reporter.

Instructor: Kristy Stelter

Topic Areas: 6,8,9 | Class Fee \$30, \$20 for CCS Members

ONLINE

What is Temperament?

• Thu. May 28 | 6:30-8:30pm | Virtual

Learning what temperament is and what temperament tendencies are is an important factor when it comes to early childhood education. This training will look at what temperament is as well how to effectively address each individual child based on their temperament tendency and their needs.

Instructor: Kris Kline

Topic Areas: 1,3,5 | Class Fee \$30, \$20 for CCS Members

SAVE THE DATE

Child Care Provider Appreciation Event

May 2, 2026

11 am - 1 pm

Entertainment, prizes, and more!

Registration is required for this free event.

 **collegian**
HOTEL & SUITES

**1060 E Genesee St,
Syracuse, NY**



Register Now!



Super Saturday

Maximize Your Training Day

Active Play: Embedding Physical Activity into Your Infant/Toddler Day

• Sat. Jun. 6 | 9-11am | Syracuse Office

Provide inclusive, low-cost physical activity training for infants and toddlers of all abilities, designed for small spaces in both home and center-based care.

Instructor: Kris Kline

Topic Areas: 1,2,3 | Class Fee \$30, \$20 for CCS Members

Making Families Feel Welcome

• Sat. Jun. 6 | 9-11am | Syracuse Office

Assess and discuss practices for making families feel welcome. We will cover topics such as ensuring the physical environment reflects the children and families you work with, strategies to build relationships with children and families right from the beginning and communication techniques you can use with families.

Instructor: Kristy Stelter

Topic Areas: 1,3 | Class Fee \$30, \$20 for CCS Members

Active Play: Embedding Physical Activity into Your Preschool Day

• Sat. Jun. 6 | 11:30am-1:30pm | Syracuse Office

Gather training ideas for leading early childhood physical activities that are developmentally appropriate and inclusive of children with disabilities. These activities use only inexpensive equipment, work in small spaces, and can be enjoyed in home-based and center-based childcare settings as well as by families in their homes.

Instructor: Kristy Stelter

Topic Areas: 1,2,3 | Class Fee \$30, \$20 for CCS Members

Supervision of Children

• Sat. Jun. 6 | 11:30am -1:30pm | Syracuse Office

Review the NYS OCFS regulations related to supervision of children as well as assess the strategies to utilize for supervising children. This training is meant to help providers ensure that they have a full understanding of supervision of children of all ages as well as ensuring their environment is set up for successful supervision.

Instructor: Kris Kline

Topic Areas: 1,2,3,4,5,7 | Class Fee \$30, \$20 for CCS Members

June Trainings

Child Abuse and Maltreatment: Making the Call

• Tue. Jun. 9 | 6:30-8:30pm | Syracuse Office

This training will focus on recognizing signs of abuse and maltreatment, proper documentation, and the procedures of making a report to the child abuse and maltreatment hotline.

Instructor: Kris Kline

Topic Areas: 5,6,7,8,9 | Class Fee \$30, \$20 for CCS Members

ONLINE

Safety & Supervision

Tue. Jun. 16 | 6:30-8:30pm | Virtual

This training gives participants the opportunity to address OCFS Regulations using "real life" scenarios that will be reviewed, discussed, and addressed using specific OCFS Regulation criteria.

Instructor: Kris Kline

Topic Areas: 2,3,6 | Class Fee \$30, \$20 for CCS Members

ONLINE

CDA

Child Development Associate Credential (CDA) Training

June-September 2026

Wednesdays & Thursdays | 6-9 PM

Virtually on ZOOM

1 day/wk for the first 2 weeks
then 2 days/wk until completion

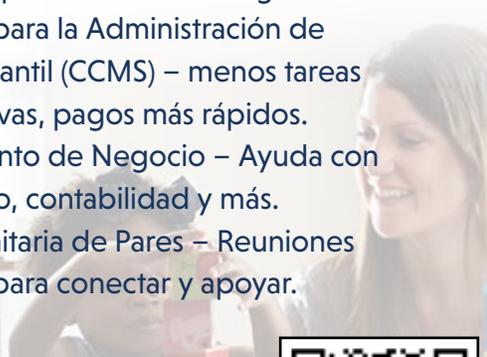
EIP & CSEA scholarships available. Limited grant funding is available for those not eligible for full a scholarship.

Updates will be made available at
CCSCNY.org

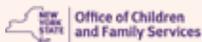
Colaboración de Cuidado Infantil del Estado de Nueva York

La Colaboración de Cuidado Infantil del Estado de Nueva York apoya a proveedores de cuidado infantil en el hogar de familia y de grupo, que estén licenciados; con herramientas de negocio personalizadas, asesoramiento y una red comunitaria de pares – totalmente gratis.

- Plataforma para la Administración de Cuidado Infantil (CCMS) – menos tareas administrativas, pagos más rápidos.
- Asesoramiento de Negocio – Ayuda con presupuesto, contabilidad y más.
- Red Comunitaria de Pares – Reuniones mensuales para conectar y apoyar.



Contacte a Nicole Collazo-Cruz
ESFCCC Business Coach
(315) 446-1220 x309
nicolecc@CCSNY.org



CNY Providers: Get Free Training!

Funding is available for trainings provided by Child Care Solutions through the CSEA/VOICE Professional Development Program.

If you are a NYS registered Family or Licensed Group Family child care provider in Central New York you can register for state approved trainings to meet enrollment, registration, or licensing requirements free of charge simply by selecting Child Care Solutions as your training location.

Visit VoiceCSEA.org or call
855.472.6848 to learn more!

Entrenamientos en español

Capacitación en Administración de Medicamentos (MAT)

• **Sat. May 2 | 9am-2pm | Syracuse Office**

Esta capacitación prepara a los profesionales del cuidado infantil para manejar y administrar de manera segura medicamentos tanto recetados como de venta libre. Aprenderá técnicas correctas de administración, cómo manejar situaciones de emergencia y los requisitos legales de documentación y almacenamiento para garantizar la seguridad de los niños en su programa.

Opción de Estudio Independiente

Actualmente ofrecemos la opción de Estudio Independiente. Esto le permite trabajar a su propio ritmo completando de 3 a 4 horas de videos y ejercicios en línea antes de asistir a una sesión presencial para la práctica y el examen. Se requiere un correo electrónico válido para registrarse en esta certificación.

Instructor: Roselis Canete Hernandez

Tema Áreas 2,4,7 | Tarifa \$150 | 8 Horas Crédito

Requisitos de inmunización en centros de cuidado infantil: Protegiendo a los niños y cumpliendo con las regulaciones de OCFS

• **Wed. Jun. 10 | 6:30-8:30pm | Syracuse Office**

Esta capacitación brinda a los proveedores de cuidado infantil una visión general de los requisitos de vacunación del Estado de Nueva York, según es requerido por la Oficina de Niños y Servicios Familiares (OCFS). Los participantes aprenderán a verificar los registros de vacunación, comprender la inscripción provisional y los períodos de gracia, identificar la documentación requerida y mantener el cumplimiento para proteger la salud de los niños y prevenir la propagación de enfermedades prevenibles mediante vacunación en entornos de cuidado infantil.

Instructor: Roselis Canete Hernandez

Tema Áreas: 4,5,7 Tarifa \$30, \$20 for CCS Members

Current Resident or:

Staff training when and where you need it.

On-site trainings are available in various subjects and certifications.



Call Child Care Solutions for details
(315) 446-1220 x347

A Hub for Careers and Community

Explore current openings and community career opportunities. Find your next step within our regional network of early childhood care.



[CCSCNY.org/employment](https://ccscny.org/employment)

As a CCS Member, you can share your job openings with our community at no additional cost.